



Dear Principals, Teachers from the Physical Education Department, Extra-Curricular Activities Team and School Social Workers,

Oxfam Young Trailwalker Training Program Recruitment is now open

"Oxfam Trailwalker" is the largest hiking event in Hong Kong, celebrating its 40th anniversary this year. To pass on the spirit of perseverance, unity, challenge, and empowerment to the new generation, and in alignment with the Education Bureau's 4Rs Mental Health Charter, Oxfam Hong Kong is launching the "Oxfam Young Trailwalker Training Program" in 2025. This program is fully supported by Growth Partner and Funder, The D. H. Chen Foundation, in response to societal concerns about students' physical and mental health.

The program will cultivate students' awareness of physical and mental health through a series of hiking training sessions, challenge days and activities. It aims to expand their interpersonal and support networks, build a sense of achievement and self-confidence, and develop a new generation of "Oxfam Young Trailwalker". We are currently recruiting secondary school students to participate, and we encourage teachers to motivate and recommend students for this program.

The details are as follows:

Oxfam Young Trailwalker Training Program

Program Features	<ul style="list-style-type: none"> ✧ Nurture a new generation to become "Oxfam Young Trailwalker" with full guidance from Oxfam Trailwalker and professional trail running coaches. ✧ Each training session will take place on various trails in Hong Kong, including some sections of the MacLehose Trail, to enjoy the unique natural scenery of Hong Kong. ✧ Training will include specific themes such as hiking knowledge, map reading, and basic first aid, making it suitable for youths with limited exercise or hiking experience. ✧ Participants are encouraged to complete the program at their own pace and according to their physical conditions, learning to enjoy nature and the joys of hiking. ✧ Special activities like trail photography workshops and night hikes will be organised to enhance the experience. ✧ Youth will be divided into teams of four, learning to collaborate and support one another to complete challenges together. ✧ Transportation subsidies, hiking gear sponsorship, and rewards will be provided to encourage participation and achievement of challenge goals.
Dates	From February 2025 to November 2025 (The first activity will be held in February 2025.)
Target Participants	Youth aged 12 to 21 (Priority will be given to individuals from low-income families, those with learning difficulties, low motivation, or who need support.)
Program content	<ul style="list-style-type: none"> ■ Training: 2-3 sessions per month, held on weekends and public holidays. ■ Challenge Days: The program includes 3 challenge days, featuring longer and more difficult routes. Participants are required to organise their own support teams and have the opportunity to experience the official "Oxfam Trailwalker" event. ■ Additional Activities: Trail photography workshops, night hikes, mindfulness sessions, volunteer service etc. ■ Graduation & Celebration Camp



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Application	<p>Step 1: Please have the responsible teacher at the school complete the "School Application Form" and email it to holly.wu@oxfam.org.hk.</p> <p>Step 2: Participating Students should fill out the "Participant Application Form" (PDF), which should be collected by the school and emailed to holly.wu@oxfam.org.hk. Alternatively, students can fill out the online Google Form (https://forms.gle/wgUZ5HDyqjKrtFnk6) and submit the "Participant Declaration and Parent/Guardian Consent Form", then email it to holly.wu@oxfam.org.hk.</p> <p><i>*Please include in the email subject line: Application for the "Oxfam Young Trailwalker Training Program."</i></p>
Deadline of Application	<u>24 January 2025 (Friday)</u>
Others	<ul style="list-style-type: none">• Participants must attend 80% of classes and at least two challenge days to successfully complete the program.• Participants must obtain prior consent from their parents/guardians and designate them as emergency contacts.• Oxfam will manage all communications, including arranging and reminding participants about training and activities, and will provide updates on the youths' progress to their parents/guardians and the school.• Oxfam will ensure an adequate staff-to-participant ratio to care for the youths and will purchase activity insurance for them.• In the event of inclement weather or other special circumstances, training and activities will be moved indoors or rescheduled.

Should you have any enquiries, please feel free to contact Ms Wu (phone: 3120-5131, email: holly.wu@oxfam.org.hk) or Ms Chui (phone: 3120-5149, email: tiffany.chui@oxfam.org.hk) from the Oxfam Development Education Team.

Yours faithfully,
Oxfam Development Education Team